2006 Women's Ivy League Swimming & Diving Championships Blodgett Pool, Harvard University February 23-25, 2006

Meet Personnel and Planning Committee

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Event Logistics	Kerry Antunes	617-495-1089	athops@fas.harvard.edu
Event Logistics	Brady Gowin	617-495-1089	dha-ops@fas.harvard.edu
Meet Referee	Priscilla Davis		
Meet Officials	Barbara Damon, Joe Drolette, Kevin Curley, Paul Kelley		
Swimming Head Coach	Stephanie Morawski	617-495-1989	morawski@fas.harvard.edu
Diving Coach	Keith Miller	617-496-8790	kdmiller@fas.harvard.edu
Swimming Assistant Coach	Angie Peluse	617-496-8791	peluse@fas.harvard.edu
Meet Committee	Diana Caskey, Joann Brislin, Susan Teeter, Frank Keefe,		
	Priscilla Davis, Chuck Yrigoyen, Diving Representative to be named		

Order of Events

Trials - Thursday, 11:00am

- 1. 200-yard freestyle relay
- 2. 500-yard freestyle
- 3. 200-yard individual medley
- 4. 50-yard freestyle 15 minute break
- 6. 400-yard medley relay
- 5. 1-meter diving trials (1:30pm)

Trials - Friday, 11:00am

- 7. 200-yard medley relay
- 9. 400-yard individual medley
- 10. 100-yard butterfly
- 11. 200-yard freestyle
- 12. 100-yard breaststroke
- 13. 100-yard backstroke
- 8. 1000-yard freestyle (all but fastest heat)
- 20. 3-meter diving trials (1:30pm)

Trials - Saturday, 11:00am

- 16. 200-yard backstroke
- 17. 100-yard freestyle
- 18. 200-yard breaststroke
- 19. 200-yard butterfly *15 minute break*
- 21. 400-yard freestyle relay
- 15. 1650-yard freestyle (all but fastest heat) (to begin at approx. 4:00pm)

Finals - Thursday, 6:00pm

- 1. 200-yard freestyle relay
- 2. 500-yard freestyle
- 3. 200-yard individual medley
- 4. 50-yard freestyle
- 5. 1-meter diving finals
- 6. 400-yard medley relay

Finals - Friday, 6:00pm

- 7. 200-yard medley relay
- 8. 1000-yard freestyle (fastest heat)
- 9. 400-yard individual medley
- 10. 100-yard butterfly
- 11. 200-yard freestyle
- 12. 100-yard breaststroke
- 20. 3-meter diving consolation (concurrent)
- 13. 100-yard backstroke
 - 20 minute break in swimming program
- 14. 800-yard freestyle relay (timed final)

Finals – Saturday, 6:00pm

- 15. 1650-yard freestyle (fastest heat)
- 16. 200-yard backstroke
- 17. 100-yard freestyle
- 18. 200-yard breaststroke
- 19. 200-yard butterfly
- 20. 3-meter diving finals
- 21. 400-yard freestyle relay

Meeting Schedule

Wednesday, February 22 2006

3:30pm Diving Coaches Meeting – Blodgett Pool deck

4:00pm General Coaches Meeting – Murr Center Hall of History

The Hall of History is adjacent to the main entrance to Blodgett Pool.

Drinks and chips will be available. Scratches will be due at this meeting.

Thursday morning heat sheets will not be available until 1 hour after the meeting.

Entry Information

Entries are due by 6:00pm on Monday, February 13, 2006. All possible entries must be listed on the entry form and best times must be submitted. Each team is permitted eighteen (18) competitors as described in the following: an entrant who swims will be counted as one; an entrant who dives will be counted as one-third; an entrant who swims and dives will be counted as one. A competitor is permitted to compete in a maximum of seven events, of which no more than three may be individual events. Coaches may enter competitors in more than three individual events, and may enter more than 18 competitors, as long as they "scratch down" to the appropriate numbers by the scratch deadlines. Divers who will not compete must also be scratched by the appropriate scratch deadline.

Please be sure to specify entry times for your relays in the appropriate area on the entry form, even if the entry time is "NT" (no time). Relays without an entry time may not swim in the meet.

Entries submitted must be best performances attained between September 1, 2005 and February 13, 2006.

Coaches must submit entries using an electronic Microsoft Excel spreadsheet entry form that will be distributed to all coaches. The electronic spreadsheet entry form must be sent as an email attachment from the athletic director (or an appropriate substitute) to ivies@swimindex.com. The email received from the athletic director will serve in lieu of a signature, and attest that the athletes on the entry are bona fide and eligible.

It is important that all aspects of the entry form be completed as indicated, including the official first name, middle initial, last name, date of birth, and year in school, for each athlete. These values will be used for the purposes of NCAA POP forms as well as USA Swimming NTV submissions. In particular, for athletes that are registered with USA Swimming, please make sure the name on the entry form matches the name used for USA Swimming registration. The "preferred name" field is to be used for appropriate nicknames, which will be printed on heat sheets and results, and will be the name used for announcing purposes. (I.e., "Deb" instead of "Deborah".)

Automatic Judging and Timing

Daktronics electronic judging and timing will be used throughout the meet. Please note that NCAA regulations require that three watch times be used for NCAA Championship qualifying times in the event of an electronic timing system failure. There will always be at least one meet-provided backup timer for each lane. If you have a swimmer or relay whom you believe will qualify for the NCAA Championships, please be prepared to provide two additional backup timers for that swim in case of an electronic timing system malfunction.

Championship Format

The Ivy League Swimming and Diving Championships is a three-day individual and team championship, with trials and final competition except in the 1000-yard freestyle, 1650-yard freestyle and 800-yard freestyle relay, which shall be timed final events. The 800-yard freestyle relay will be swum in the finals only. The 1000-yard freestyle and 1650-yard freestyle will be swum slowest-to-fastest with the last heat swum during the evening finals. All but the fastest heat of the 1000-yard freestyle will swim at the end of the Friday morning preliminaries. All but the fastest heat of the 1650-yard freestyle will swim starting approximately 4:00pm on Saturday afternoon. The exact schedule will be posted following the scratch deadline.

In all trials/finals swimming events, the evening finals will consist of a scoring bonus final, consolation final and championship final. Eight lanes will be used for all competition, and 24 places will be scored. No scratches will be permitted for the top 24 qualifiers from the morning preliminaries. Competitors in the Championship Finals (including relays), as well as the fastest heats of the 1000 freestyle, 1650 freestyle and 800 freestyle relay, will march-out from the "ready area" immediately before competing.

Rules Governing the Championship

The 2005-2006 NCAA Swimming and Diving Rules shall be used for all competition, except as amended in this document or by the Meet Committee. The decision of the Meet Referee shall be final.

The Meet Committee will consist of Diana Caskey (Columbia), Joann Brislin (Dartmouth), Susan Teeter (Princeton), Frank Keefe (Yale), Priscilla Davis (Meet Referee), Chuck Yrigoyen (Ivy League) and a Diving Representative in the case of diving issues. In the case of an appeal, an appeals committee will consist of the head coaches from each of the eight schools. The appealing coach will not have a vote.

Facilities and Equipment

Blodgett Pool features an eight-lane competitive course, which will be used with Kiefer Advantage II lane lines and a Daktronics Timing System with full alphanumeric scoreboard display. The racing course has a depth of 7 feet. There is a six-lane warmup course at the far end of the pool. The diving well features two 1-meter boards, two 3-meter boards, and 1-meter, 3-meter, 5-meter and 7.5-meter platforms, and has a water depth of 15 feet.

Scratch Deadlines

The scratch box will be in the control office of Blodgett Pool. Scratches will only be accepted from coaches or the team's official representative. A receipt form will be used for scratch verification. All entries not scratched by the scratch deadline will become official entries. Coaches will be given a composite scratch form to list all scratches for a particular day. Diving sheets must be submitted by the appropriate scratch deadlines. Additional scratches may be made, by the scratch deadline, using individual scratch cards. The scratch deadlines are as follows:

Wednesday, February 22, 4:00pm for all Thursday events (at the beginning of the Coach's Meeting) Thursday, February 23, 6:00pm for all Friday events Friday, February 24, 6:00pm for all Saturday events

Time Trials

Time trials will be offered after the preliminaries session each morning. Time trials will take place after heats of the 1000 freestyle on Friday morning. Only swimmers participating in the Championship may swim time trials.

Awards

Awards will be presented to the first eight places in individual and relay events. Awards for each event will be presented after the consolation final of the second following event. Please see the order of events for complete details. The winning team will receive the Frank Keefe Trophy. Additionally, team awards will be presented in the form of silver bowls to the first-, second-, and third-place teams. Bowls will also be presented to the Swimmer of the Meet and the Diver of the Meet. A team award will be presented to the Ivy League Dual Meet Champion at the beginning of the Saturday evening finals session.

Diving Format

One-Meter Diving:

Preliminary: The one-meter preliminary will begin at 1:30pm on Thursday, February 23. Each contestant will perform six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant will be used to determine ranking at the conclusion of the preliminary round. Contestants finishing 1st through 8th will continue into the final round. Contestants finishing 9th through 16th will continue into the consolation final, but may not advance in finish higher than 9th place. Contestants finishing 17th through 24th have no further opportunity to advance in place.

Consolation Final: Following the one-meter preliminary on Thursday, February 23, after the eight consolation finalists have been identified, there will be a 15-minute break in the competition. Immediately following the break, the consolation final shall begin. Each contestant will start with a score of zero. The consolation final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each diver in the consolation finals will be used to determine 9th through 16th place.

Final: The one-meter final will take place during the championship final session on Thursday evening, February 23. The eight finalists will start with a score of zero. The final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant in the final will be used to determine 1st through 8th place.

Three-Meter Diving:

Preliminary: The three-meter preliminary will begin at 1:30pm on Friday, February 24. Each contestant will perform six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant will be used to determine ranking at the conclusion of the preliminary round. Contestants finishing 1st through 8th will continue into the final round. Contestants finishing 9th through 16th will continue into the consolation final, but may not advance in finish higher than 9th place. Contestants finishing 17th through 24th have no further opportunity to advance in place.

Consolation Final: The three-meter consolation final will take place during the championship final session on Friday evening, February 24. The three-meter consolation final will start during the bonus final of the 100 backstroke and continue concurrently with the 100 backstroke and the 20-minute break in swimming until the competition has been completed. Each contestant will start with a score of zero. The consolation final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each diver in the consolation finals will be used to determine 9th through 16th place.

Final: The three-meter final will take place during the championship final session on Saturday evening, February 25. The eight finalists will start with a score of zero. The final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant in the final will be used to determine 1st through 8th place.

Team Locker Room and Seating

There will be two locker rooms available for use during the meet. Teams will be assigned a locker room prior to arriving. Team seating on the pool deck will be determined at the coaches meeting. Harvard University is not responsible for lost or stolen articles. Valuables should not be kept in the locker rooms. Locks and towels are not available, and personal locks cannot be left on lockers overnight. Glass bottles are not permitted anywhere within Blodgett Pool. Seating will be determined at the General Coach's Meeting, based on the 2005 Ivy League Championship Meet order of finish.

Medical Treatment

Harvard medical staff will be available to treat all injuries that occur during the event. Any school traveling without a certified athletic trainer or team physician must provide the appropriate documentation from their team physician or certified athletic trainer prior to receiving any treatments (i.e., ultrasounds, electrical stimulation, hot packs, whirlpools). All documentation can be faxed to the Harvard University Athletic Training Room at 617-495-8591. An ice machine will be available on the pool deck throughout the competition. If you have any questions about medical treatment at Harvard, please contact T.K. Kennedy, Assistant Athletic Trainer, at 617-495-2200, or via email at tkennedy@fas.harvard.edu.

Hospitality

Bagels, snacks, coffee and juice will be available for coaches, meet personnel and officials in the morning in the Hall of History, adjacent to the Blodgett Pool front entrance lobby. Assorted snacks and juices will be provided in the afternoon. Accessing the hospitality area will require the appropriate credentials.

Concession Stand

The Blodgett Pool concession stand will be operating throughout the meet. It is located on the second level behind the spectator bleachers.

Sports Information and Media Relations

The official web site for this meet is: http://www.swimindex.com/meets/2006/ivies/
The web site will feature a real-time pool scoreboard feed, real-time webcam, as well as psych sheets, heat sheets, instant results, splits and scores as soon as they are available after each event.

Questions regarding sports information should be directed to the Ivy League Sports Information Office (Chuck Yrigoyen, 609-258-6426, chuck@ivyleaguesports.com) or the Harvard Athletic Communications Office (Casey Hart, 617-495-2206, chart@fas.harvard.edu).

Parking

Please see the enclosed map for parking information. Team buses and vans should enter the Soldier's Field Athletic Complex via North Harvard Street through Gate 6, which is located at the closed end of the football stadium. Team vans must display meet parking permits at all times while parked. Please send your parking pass requests in along with the completed entry forms. Spectators will not be allowed to park within the Soldier's Field Athletic Complex. All spectators will be directed to the Harvard Business School parking lot located on Gordon Drive, across North Harvard Street from the football stadium. Parking at the Harvard Business School parking lot is \$5.

Facility Availability

Blodgett Pool will be open to meet participants on Wednesday from 9:00am until 9:00pm, and Thursday-Saturday from 6:30am until the end of championship finals.

Admission

Coaches, participants, managers, trainers, sports information staff, administrative staff, officials and meet personnel will be admitted through the Blodgett Pool lobby main entrance on the ground level. Proper credentials, which will be distributed upon arrival, must be displayed in order to gain access. Spectators and all others must enter Blodgett Pool through the second floor mezzanine level. Groups should contact Sarah Huffman (617-495-7492, huffman2@fas.harvard.edu) for discounted group admission information.

As has been the case for many years, a section of seats is reserved near the finish line for the host school's team, parents, special guests, and awards presenters. Running the championship on a regular basis is an undertaking for the host school, and this policy is a small reward for that effort. We are fortunate to have an outstanding spectator facility in Blodgett Pool, and there are many excellent vantage points from the stands. We appreciate your conveying this to your parents and fans prior to the event.

Spectator Admission Prices:

All Session (on sale Thursday only, includes one meet program and one heat sheet per session):

Adult: \$30

Single Session: Adult: \$4 prelims, \$6 finals

Children (under 12): \$1 prelims, \$3 finals

Harvard students (with valid ID): free

Visiting students (with valid ID): \$1 prelims, \$3 finals

Session heat sheets: \$1 Meet program: \$1

Banners

The hanging of banners and signs will be allowed in the pool area under the following restrictions:

- Teams may hang signs and banners on the wall immediately behind their seating area.
- Official team banners should be given to the meet staff on Wednesday. Meet staff will hang official team banners from the metal railings at the bottom of the spectator area. Meet staff reserves discretion in the placement of banners based on size so as not to interfere with deck activities.
- Any other team posters or signs in the pool area will be removed.

Senior Recognition

The senior recognition will take place at the beginning of the Saturday evening finals. Seniors will be asked to gather near the starter's podium at 5:50pm in their official team sweats. All seniors on a team's roster at the time of the championship will be recognized, and those who are in attendance will be invited to participate in the senior recognition.

2006 Women's Ivy League Swimming and Diving Championships Evening Finals: Sequence of Events

THURSDAY NIGHT

5:50pm Clear pool, introductions, anthem 6:00pm Championship finals starts

March-out finalists: 200 free relay Championship final: 200 free relay

Bonus finals: 500 freestyle Consolation finals: 500 freestyle March-out finalists: 500 freestyle Championship final: 500 freestyle

Bonus finals: 200 IM Consolation finals: 200 IM Awards: 200 free relay March-out finalists: 200 IM Championship final: 200 IM

Bonus finals: 50 freestyle Consolation finals: 50 freestyle Awards: 500 freestyle

March-out finalists: 50 freestyle Championship final: 50 freestyle

Awards: 200 IM

March-out finalists: 1M diving Divers take "last bounce"

Finals: 1M diving (8 divers, 6 rounds)

Awards: 50 freestyle Awards: 1M diving

March-out finalists: 400 medley relay Championship final: 400 medley relay

FRIDAY NIGHT

5:50pm Clear pool, introductions, anthem 6:00pm Championship finals starts

March-out finalists: 200 medley relay Championship final: 200 medley relay

March-out fastest heat: 1000 freestyle Timed final: 1000 freestyle (fastest heat)

Awards: 400 medley relay

Bonus final: 400 IM Consolation final: 400 IM Awards: 200 medley relay March-out finalists: 400 IM Championship final: 400 IM

Bonus final: 100 butterfly Consolation final: 100 butterfly

Awards: 1000 freestyle

March-out finalists: 100 butterfly Championship final: 100 butterfly

Bonus final: 200 freestyle Consolation final: 200 freestyle

Awards: 400 IM

March-out finalists: 200 freestyle Championship final: 200 freestyle

Bonus final: 100 breaststroke Consolation final: 100 breaststroke

Awards: 100 butterfly

March-out finalists: 100 breaststroke Championship final: 100 breaststroke

Awards: 200 freestyle

3M diving consolation final begins (runs concurrently with swimming)

Bonus final: 100 backstroke Consolation final: 100 backstroke March-out finalists: 100 backstroke Championship final: 100 backstroke

20 minute break in swimming program

Awards: 100 breaststroke Awards: 100 backstroke

March-out: 800 free relay Timed final: 800 free relay

SATURDAY NIGHT

5:50pm Clear pool, introductions, SENIOR RECOGNITION, anthem 6:00pm Championship finals starts

Dual Meet Champion award presentation

March-out fastest heat: 1650 freestyle Timed final: 1650 freestyle (fastest heat)

Bonus final: 200 backstroke Consolation final: 200 backstroke

Awards: 800 free relay

March-out finalists: 200 backstroke Championship final: 200 backstroke

Bonus final: 100 freestyle Consolation final: 100 freestyle

Awards: 1650 freestyle

March-out finalists: 100 freestyle Championship final: 100 freestyle

Bonus final: 200 breaststroke Consolation final: 200 breaststroke

Awards: 200 backstroke

March-out finalists: 200 breaststroke Championship final: 200 breaststroke

Bonus final: 200 butterfly Consolation final: 200 butterfly

Awards: 100 freestyle

March-out finalists: 200 butterfly Championship final: 200 butterfly

March-out finalists: 3M diving Divers take "last bounce"

Finals: 3M diving (8 divers, 6 rounds)

Awards: 200 breaststroke Awards: 200 butterfly

March-out finalists: 400 free relay Championship final: 400 free relay

Awards: 3M diving Awards: 400 free relay

Diver of the meet award Swimmer of the meet award Team trophy presentation