



# 2004 Fall Girls Swimming & Diving

## SPORT SPECIFIC INFORMATION

### 2004 – 2005 Swim Committee Members

Dist. A	Mr. Al Thomas Prin., Chelmsford HS	Dist. F	Mr. John Logan Principal, Minnechaug Reg. HS
	Mr. Peter Foley A.D., Weston High School		Mr. Edward Doyle A.D., Minnechaug Reg. HS
Dist. B	Mr. Barry Fitzpatrick A.D., Malden High School	Dist. G	Mr. John Kovacs A.D., Wahconah Reg. HS
	TBA		Mr. Joshua Weeks A.D., Pittsfield HS
Dist. C	Mr. William Walker A.D., Bridgewater-Raynham	Dist. H	Ms. Catherine Gannon Asst. Headmaster, Austin Prep
	TBA		Ms. Pat Gonzalez A.D., Ursuline Academy
Dist. D	Ms. Patricia Connors Prin., Seekonk HS		<b>Coaches' Representatives</b> Mr. Michael Foley Mr. Chris Brady Mr. James Miller
	TBA		<b>MASC Representative</b> VACANT
Dist. E	Mr. Chris Young A.D., Leominster HS		<b>Officials' Representatives</b> Ms. Priscilla Davis
	TBA		<b>MASS Representative</b> Dr. Anne Towle



**MIAA Staff Liaison**  
Mr. Brian Halloran  
Assistant Director

## 2004 Fall Girls Swimming & Diving Tournament Timetable

Entry Requirements & Information	Dates	Tournament Directors
Season Schedule & Commitment Form Due	<b>Received on or before: Thursday, September 30, 2004</b>	<b><u>State</u></b> Mr. Richard Lennon
Sectional Entry Form	Must be received by <b>Sunday, November 7, 2004 4:00 p.m.</b>	
State Entry Form	Must be received by Tuesday, November 16, 2004 6:00 p.m.	
Cut-off Date:	Sunday, November 7, 2004 <b>4:00 p.m.</b>	
<b>SOUTH SECTIONAL</b>		
<b>Diving</b>	<b>@Evelyn Kirrane Pool (Brookline Pool) 60 Tappan Street Brookline, MA 02445 Friday, November 12, 2004</b>  Warm-ups Start: 4:30 p.m. Diving Starts: 6:00 p.m.	<b><u>South</u></b> Mr. Dick Whitworth  <b>7465@msn.com</b>
<b>Swimming</b>	<b>@ Harvard University Saturday, November 13, 2004</b>  Warm-ups Start: 1:30 p.m. Swim Events Start: 3:00 p.m.	
<b>NORTH SECTIONAL</b>		
<b>Diving</b>	<b>@Lowell High School Friday, November 12, 2004</b>  Warm-ups Start: 4:00 p.m. Diving Starts: 5:30 p.m.	<b><u>North</u></b> Mr. Dick Whitworth  <b>7465@msn.com</b>
<b>Swimming</b>	<b>@ Harvard University Saturday, November 13, 2004</b>  Warm-ups Start: 7:30 a.m. Swim Events Start: 9:00 a.m.	

<p><b>STATE MEETS</b></p> <p><b>Diving</b></p>	<p><b>Division I: TBA</b></p> <p><b>Division II: TBA</b></p>	<p><b>State</b> Mr. Richard Lennon</p> <p><b>PHONE</b> <b>508-523-4336</b></p> <p><b>FAX</b> <b>760-875-9548</b></p> <p><b>E-MAIL</b> <a href="mailto:swimdirmce@aol.com">swimdirmce@aol.com</a></p>
<p><b>Swimming</b></p>	<p><b>Division I:</b></p> <p><b>Sunday, November 21, 2004</b> <b>Wellesley College</b> Warm-ups Start: 7:30 a.m. Events Start: 9:00 a.m.</p> <p><b>Division II:</b></p> <p><b>Sunday, November 21, 2004</b> <b>Wellesley College</b> Warm-ups Start: 1:30 p.m. Swim Events Start: 3:00 p.m.</p>	

***Acceptable Late Entries will be seeded with no time entry in the first heat.***

**The following forms must be submitted by the dates indicated:**

Season Schedule & Commitment Form	<b>September 30, 2004</b>
Swimming and Diving Entry Form (Sectional) - 4 pages	<b>November 7, 2004 - 4:00 pm</b>
Swimming and Diving Entry Form (State) - 4 pages	November 16, 2004 - 6:00 pm
Team Sportsmanship Nomination Form	November 7, 2004

**A Tournament Alignment**

1. The Fall State Tournament includes schools in Districts A, B,C,D,E & H.
2. The North Sectional includes schools north of the Mass. Pike and applications must be submitted to the North Sectional Director.
3. The South Sectional includes schools south of the Mass. Pike and applications must be submitted to the South Sectional Director.
4. The West Sectional includes schools in Districts F & G and is conducted at the conclusion of the Winter season.
5. Boys swimming on a mixed gender team in the Fall are ineligible to swim in the Winter.

**B. Qualifying Criteria**

1. Individuals must be bona-fide members of their high school swim team as recognized by the MIAA and must achieve qualifying standards as published in this format.
2. Qualifying times must be obtained from swimming in a bonafide MIAA High School Swim Meet officiated by certified swimming officials.
3. ***The coach or official school representative must be able to verify the swimmer or diver's qualification upon request.***
4. An official diving form must be submitted for each diver and ***sent with*** the official entry form by the deadline. Divers will be allowed to change dives up to 1 hour before the start of each session containing diving.
5. ***Verification of dives must be presented at each tournament site.***
6. A diver during the regular season must have scored 3 points on each dive in order to qualify it for tournament entry. That means a score of 3 from each judge.
  - a. The top 12 places from sectional tournament will automatically qualify in the event they place in even if they do not meet the state entry times for that event. However, their names must be entered on the official entry sheet. If a swimmer qualifies after the entry has been submitted the correction update may be made over the phone to the state director, Monday following the sectional meet.
  - b. The top (12) twelve relay finishers from each sectional meet automatically qualify for the state meet. All other relay teams must have met the listed qualifying time (last year's 12th place) in the Swim Format during the regular season.
7. **When there are more than 32 contestants the field will be cut to 32 after the third round. If the field is reduced after three rounds, the remaining two dives of the preliminaries are performed, followed by semi-finals and finals.**

**C. Coaches Alert**

***It is the coaches' responsibility to correctly fill out all tournament entry forms. Tournament directors will make courtesy calls identifying errors whenever possible. However, this in NO WAY places the responsibility for entry form correctness with the tournament director. If there is an undetected error, the coach will accept full responsibility, even if the error means a swimmer(s) is/are ineligible to compete in the championship meet.***

**D. Adult Representation**

1. The coach or official school representative *as designated by the Principal* in writing on the entry blank, must remain at the championship site at all times or the swimmer/diver *will not be accepted* by tournament directors for warm up sessions or to compete in the meet.
2. Last minute changes must be verified in writing by the principal before the swimmer/diver is allowed to compete or warm up.

**E. Officials** - Officials used in the Sectional and State Championships must be enrolled with the MIAA.

**F. Meet Rules**

2004–2005 National Federation Swimming Rules shall be the official rules for championship meets.

- The MIAA has adopted National Federation Rule 3.2.2 relative to relay entries. In order to swim in a relay, names and times must be submitted on the entry form.

**G. Team Roster**

Team rosters shall include only those swimmers and divers who have met qualifying standards, 2 managers, and 2 coaches. The names of coaches and managers must appear on the entry form. Only the individuals listed will be allowed on the pool deck. All others will be subject to the admission fees.

**H. Required School Timers**

If you enter from 1-5 swimmers you will be asked to provide 1 timer, from 6-10 swimmers 2 timers, from 11-15 swimmers 3 timers, and from 16 & over 4 timers. This is necessary for proper conduct of the swimming meet. Please be sure that timers from your team are in the appropriate lanes at the designated times.

**I. Warm-Up Period**

If the tournament facility does not have a warm-up area, time will be allocated for the warm-up during the diving break and for a 10-minute break before the 400 yd. free relay.

**J. Medical Coverage**

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided/compensated by the Host School in tournament rounds at the site of the higher seeded team. The MIAA will compensate for this coverage at MIAA designated neutral sites.

## 2004 FALL QUALIFYING STANDARDS

EVENT	2004 South Girls'	2004 North Girls'	2004 Girls' State
One Meter Diving	*160	*160	Sectional Finalist **
200 Yd. Medley Relay	One Entry Per School	One Entry Per School	2:06.13
200 Yd. Freestyle	2:12.84	2:10.40	2:06.01
200 Yd. Individual Medley	2:31.45	2:30.00	2:25.47
50 Yd. Freestyle	:27.54	:27.20	:26.75
100 Yd. Butterfly	1:09.61	1:08.30	1:06.36
100 Yd. Freestyle	1:00.94	1:00.00	:57.95
500 Yd. Freestyle	6:03.64	5:56.00	5:43.64
200 Yd. Freestyle Relay	One Entry Per School	One Entry Per School	1:52.30
100 Yd. Backstroke	1:10.87	1:09.88	1:06.51
100 Yd. Breaststroke	1:19.36	1:17.60	1:16.81
400 Yd. Freestyle Relay	One Entry Per School	One Entry Per School	4:04.82

\* Minimum Points in two (2) dual meets.

\*\* In addition, any diver who has scored 185 points or more in three (3) MIAA approved meets.  
**Verification of dives must be presented at each tournament site.**

**When there are more than 32 contestants, the field will be cut to 32 after the third round. If the field is reduced after three rounds, the remaining two dives of the preliminaries are performed, followed by semi-finals and finals.**

***The top 12 places (including relays) from sectional tournament will automatically qualify in the event they place in even if they do not meet the state entry times for that event. However, their names must be entered on the official entry sheet. If a swimmer qualifies after the entry has been submitted the correction update may be made over the phone to the state director, Monday following the sectional meet.***



A copy of this form must be sent to the Sectional Director  
**MIAA SEASON SCHEDULE AND COMMITMENT FORM**

*This completed form must be received by your tournament director(s) before the date listed below.  
 Any mailing received later than the deadline must be accompanied with a P.O. # for the \$200 late entry fee.*

**FALL SPORTS - September 30    WINTER SPORTS - January 15    SPRING SPORTS - April 15**

School \_\_\_\_\_ Phone # (\_\_\_\_\_) \_\_\_\_\_ Fax# (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Sport \_\_\_\_\_ Circle One: B G MG Division \_\_\_\_\_ Section \_\_\_\_\_ League \_\_\_\_\_

**Please type schedule on this form or attach a copy of schedule with this form.** Only games scheduled against MIAA member schools and out-of-state schools that are members in good standing with their high school association shall count for qualification. Possible league play-offs, tournaments, etc. also must be listed below. Include contests scheduled with those schools listed on the Game Exclusion Notice (see White Book of Forms) **AND check the box if games WILL NOT count toward Tournament qualification**

\_\_\_\_\_ Check here if your league's schedule is comprised of more than seventy percent (70%) of higher division schools and your league has no small and large breakout. If you checked here, contests played against equal and/or lower divisions may be solely considered in the fifty percent (50%) qualifying criteria. **If you do not certify your option at this time, you will not be able to do so subsequently. (Rule 94.3.2)**

**PLEASE PRINT OR TYPE**

	Date	Opponent		Date	Opponent
1.		<input type="checkbox"/>	12.		<input type="checkbox"/>
2.		<input type="checkbox"/>	13.		<input type="checkbox"/>
3.		<input type="checkbox"/>	14.		<input type="checkbox"/>
4.		<input type="checkbox"/>	15.		<input type="checkbox"/>
5.		<input type="checkbox"/>	16.		<input type="checkbox"/>
6.		<input type="checkbox"/>	17.		<input type="checkbox"/>
7.		<input type="checkbox"/>	18.		<input type="checkbox"/>
8.		<input type="checkbox"/>	19.		<input type="checkbox"/>
9.		<input type="checkbox"/>	20.		<input type="checkbox"/>
10.		<input type="checkbox"/>	21.		<input type="checkbox"/>
11.		<input type="checkbox"/>	22.		<input type="checkbox"/>

We have read, understand, will abide by, and enforce all MIAA Handbook Rules. Further, we have read the entire tournament format and agree to abide by all requirements contained therein. We alone are responsible for schedule/rule violations and we realize that schedule manipulation during the season will result in tournament disqualification. We agree that if our team qualifies for entry into the tournament it will play at the site and time designated by the MIAA tournament director.

**At the completion of the pairings the Principal will be notified where and when the school will play. If you would rather have the Athletic Director be the official contact person please check here  and have the Athletic Director sign below.**

Principal/A.D. \_\_\_\_\_ (Print) Home# (\_\_\_\_\_) \_\_\_\_\_

Signed \_\_\_\_\_ Principal/A.D. Fax# (\_\_\_\_\_) \_\_\_\_\_

Coach \_\_\_\_\_ (Print) Home# (\_\_\_\_\_) \_\_\_\_\_

Signed \_\_\_\_\_ Coach Fax# (\_\_\_\_\_) \_\_\_\_\_

## 2004 MIAA FALL GIRLS' SWIMMING AND DIVING ENTRY FORM (SECTIONALS)

(Please type or print) This tournament entry form **must be in the hands of the Sectional Director on or before *Sunday, November 7, 2004, 4:00 p.m.*** An application received after the deadline must be accompanied with a P.O.# for the \$300 late entry fee.

School \_\_\_\_\_ Address \_\_\_\_\_

Sectional \_\_\_\_\_ League \_\_\_\_\_

We hereby certify that the student(s) listed on this official MIAA entry are bona-fide team members and eligible to compete according to the rules and regulations of the MIAA **which includes proper medical certification from a registered physician.** In consideration of your accepting this entry, we hereby, for ourselves, heirs, executors and administrators, waive and release any and all right and claim for damages we may have against organizers and hosts of this event.

We have read the entire MIAA Fall Swim and General Tournament Policies as well as the MIAA Handbook and agree to abide by all requirements contained therein. We alone are responsible for schedule/rule violations and we realize that rule violations will result in tournament disqualification.

We certify that all seed times listed therein are bona fide, and if asked are able to immediately document. We also certify they were obtained in a bona fide MIAA High School Meet officiated by certified Swim officials.

**Principal** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_) \_\_\_\_\_

**A.D.** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_) \_\_\_\_\_

**Coach/Official Designee** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ School/Business Phone (\_\_\_\_) \_\_\_\_\_

Home Address (including zip) \_\_\_\_\_

**Diving/Asst. Coach** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ School/Business Phone (\_\_\_\_) \_\_\_\_\_

**SECTIONAL DIRECTORS:**

**NORTH**

**SOUTH**

*Dick Whitworth*

*Dick Whitworth*



**SWIMMING AND DIVING CHAMPIONSHIPS (SECTIONALS)**

*Due to Sectional Director on or before **Sunday, November 7, 2004**, 4:00 p.m. with Entry Form*

**RATING OF OFFICIALS BY COACHES IN LEAGUES**

	<b>Official</b>	<b>Phone</b>
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

**SWIMMING AND DIVING CHAMPIONSHIPS (SECTIONALS)**

Due to Sectional Director on or before **Sunday, November 7, 2004, 4:00 p.m.** with Entry Form

**IMPORTANT! MUST BE RETURNED WITH ENTRY FORM**

*Please Use Pencil Only*

*Return with Entry Form*

Print Name \_\_\_\_\_ School \_\_\_\_\_ Date \_\_\_\_\_

REQUIRED DIVER \_\_\_\_\_ DIVING ORDER \_\_\_\_\_

SIGNATURES COACH \_\_\_\_\_

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
1.											_____
2.											_____
3.											_____
4.											_____
5.											_____
<i>2 Required – 3 Options from Different Groups</i>					<b>SCORE AFTER PRELIMINARIES</b>						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
6.											_____
7.											_____
8.											_____
<i>2 Required – 1 Option</i>					<b>SCORE AFTER SEMI-FINALS</b>						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
9.											_____
10.											_____
11.											_____
<i>1 Required – 2 Optional</i>					<b>FINAL SCORE</b>						



# Sample of Filled-Out Sectional Entry Form

Page \_\_\_\_\_ of \_\_\_\_\_

## MIAA ENTRY BLANK FOR SWIMMING AND DIVING CHAMPIONSHIPS

Instructions: You must read all instructions enclosed with this entry packet. Failure to follow instructions may result in your swimmers disqualification from this meet. Entry correctness is solely a coach's responsibility. Please do not disappoint your swimmers by failing to follow entry procedures.

Please print clearly. If you are faxing your entry, you must type the entry  BOYS  GIRLS  
 Please list names in alphabetical order by Last Name.

<u>School</u> George High School		<u>Coach</u> Brian Halloran		<u>Coach's Preferred Tel #</u> 123-456-7890							
Names of Swimmers Relays	Grad Year	#1 200 MR	#2 200 Free	#3 200 IM	#4 50 Free	#5 Diving	#6 100 Fly	#7 100 Free	#8 500 Free	#9 200 FR	#10 100 Back
Doe, John	3		2:00.00						5:48.22		
Jones, Matt	4				24.11						
Smith, Mark	5							55			
Thomas, Paul	6										
Thompson, Ken	3										
Whiters, Tim	5	1:55.00								1:48.00	

Sample Only

**STATE**

**FAXED ENTRIES MUST BE TYPED**

## 2004 MIAA FALL GIRLS' SWIMMING AND DIVING ENTRY FORM (STATE)

(Please type or print) This tournament entry form **must be in the hands of the State Director on or before 6:00 p.m. on Tuesday, November 16, 2004.** An application received after the deadline must be accompanied with a P.O.# for the \$300 late entry fee.

School \_\_\_\_\_ Address \_\_\_\_\_

Sectional \_\_\_\_\_ League \_\_\_\_\_

We hereby certify that the student(s) listed on this official MIAA entry are bona-fide team members and eligible to compete according to the rules and regulations of the MIAA **which includes proper medical certification from a registered physician.** In consideration of your accepting this entry, we hereby, for ourselves, heirs, executors and administrators, waive and release any and all right and claim for damages we may have against organizers and hosts of this event.

We have read the entire MIAA Fall Swim and General Tournament Policies as well as the MIAA Handbook and agree to abide by all requirements contained therein. We alone are responsible for schedule/rule violations and we realize that rule violations will result in tournament disqualification.

We certify that all seed times listed therein are bona fide, and if asked are able to immediately document. We also certify they were obtained in a bona fide MIAA High School Meet officiated by certified Swim officials.

**Principal** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_\_) \_\_\_\_\_

**A.D.** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_\_) \_\_\_\_\_

**Coach/Official Designee** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ School/Business Phone (\_\_\_\_\_) \_\_\_\_\_

Home Address (including zip) \_\_\_\_\_

**Diving/Asst. Coach** \_\_\_\_\_  
Print or Type \_\_\_\_\_ Signature \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ School/Business Phone (\_\_\_\_\_) \_\_\_\_\_

### STATE DIRECTOR

**Richard Lennon**

28 Bradley Road

Andover, MA 01810

Home: 978-475-4336 ~ Fax: 760-765-9548 ~ Cell: 508-523-4336

[swimdirmce@aol.com](mailto:swimdirmce@aol.com)

***Email is the preferred entry mode***

**SWIMMING AND DIVING CHAMPIONSHIPS (STATE)**

*Due to the State Director on or before 6:00 p.m. on Tuesday, November 16, 2004 with entry form.*

**RATING OF OFFICIALS BY COACHES IN LEAGUES**

	<b>Official</b>	<b>Phone</b>
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

**SWIMMING AND DIVING CHAMPIONSHIPS (STATE)**

*Due to the State Director on or before 6:00 p.m. on Tuesday, November 16, 2004 with entry form.*

**IMPORTANT! MUST BE RETURNED WITH ENTRY FORM**

*Please Use Pencil Only*

*Return with Entry Form*

Print Name \_\_\_\_\_ School \_\_\_\_\_ Date \_\_\_\_\_

REQUIRED DIVER \_\_\_\_\_ DIVING ORDER \_\_\_\_\_

SIGNATURES COACH \_\_\_\_\_

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
1.											_____
2.											_____
3.											_____
4.											_____
5.											_____
<i>2 Required – 3 Options from Different Groups</i>					<b>SCORE AFTER PRELIMINARIES</b>						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
6.											_____
7.											_____
8.											_____
<i>2 Required – 1 Option</i>					<b>SCORE AFTER SEMI-FINALS</b>						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
9.											_____
10.											_____
11.											_____
<i>1 Required – 2 Optional</i>					<b>FINAL SCORE</b>						







# Swimming & Diving Team Sportsmanship Award

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a swimming & diving team for consideration by the MIAA Swim Committee for recognition at the MIAA Swimming & Diving State Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

**I would like to nominate the following team for consideration of the MIAA Swimming & Diving Sportsmanship Award:**

School: \_\_\_\_\_ Division: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ School Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Coach: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Captain(s) names: \_\_\_\_\_

# of Games Played \_\_\_\_\_ # of Exclusions \_\_\_\_\_

Please provide a brief statement with regard to the reasons for this nomination below!

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Your Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Position** \_\_\_\_\_ **School** \_\_\_\_\_

**Date** \_\_\_\_\_ **Phone** \_\_\_\_\_

Send to: MIAA, Attn: Swimming & Diving Committee  
33 Forge Parkway  
Franklin, MA 02038

Fax: 508-541-9888

**APPLICATIONS MUST BE RECEIVED BY NOVEMBER 7, 2004**