

2003 New England Masters Short Course Yards Championship and Workout Group Challenge!

March 22nd and March 28th-30th, 2003

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 034-003-SSCY

Pool

Harvard University Blodgett Pool, site of several men's and women's Eastern and Ivy League championship meets and the 57th NCAA Swimming and Diving Championship. 50-meter by 25-yard pool. One eight-lane competition course, and six-lane warm-up/warm-down. Electronic timing and scoreboard. Deck space for 500 swimmers, coaches, officials, and spectator seating for 1200.

Directions

From the North: Take I-93 into Boston and take MA Pike (I-90) west about five miles to Allston/Cambridge Exit (Westbound Exit 20, Eastbound Exit 18) bear right at fork after the tool booth towards Cambridge. At second light (Doubletree Suites will be on your right) proceed to a left turn onto Storrow Drive Westbound for about 1 mile. Exit at Harvard Square/N. Harvard Street. At top of exit, turn left on N. Harvard Street. Approx ¼ mile on your right will be Blodgett Pool. Turn left into the Harvard Business School Lot entrance, which is the second gate on the left just past the pool. From the South/West: Take MA Pike (I-90) to Allston/Cambridge Exit (Westbound Exit 20, Eastbound Exit 18 and follow directions for North.

Eligibility

2003 registered United States Masters Swimming (USMS) swimmers 19 years or older as of March 30th, 2003. Also, 2003 registered Masters swimmers from other countries.

Rules

2003 USMS rules apply. We will use dive-over starting. If you want more time to exit the pool please notify the meet referee in advance.

Entries

Maximum of four individual events, plus two relays per day. Swimmers may not swim both 1650 and 1000. Entries must be received by March 10th or postmarked by March 7th. You must include a seed time for each entered event. Entry times of "NT" will not be accepted. Mail your entry form, copy of your 2003 USMS card, and check payable to NEMSC to:

Stephanie Morawski c/o Cambridge Masters Swim Club
P.O. Box 26, Belmont, MA 02478
617 576-1203 (phone) E-mail: MorawskiSteph@cambridgemasters.com

Heat Seeding

All events are timed finals. Heats seeded by sex from slowest to fastest. We will offer swimmers who volunteer to swim the 1000 and 1650 in shallow end of the pool with in-water start at a reduced meet entry fee. The Meet Director or Meet Referee shall have the right to change seed times that are obviously incorrect and would result in grossly non-competitive heats. An entry with no seed time will not be accepted.

Awards

Certificate for mounting an adhesive label record of your performance in each individual event. Medals for 1st through 3rd places by age group. Trophy for men and women high point winner. A banner will be awarded to the NEM workout group with the highest point total, additionally banners will be awarded to NEM workout groups placing 2nd through 10th. Banners will also be awarded to top three non-NEM USMS clubs with the highest point total.

All Events Require Positive Check-In

All events will be deck seeded from entry form times. Swimmers must confirm their entries by 8:30 a.m. on March 22nd for the 1,650 and 10:00 a.m. for the 1000. All entries for the 400 I.M. must be confirmed 9:30 a.m. on March 28th. All entries for the Women's 500 free must be confirmed by 8:30 a.m. on March 29th and for the Men's 500 free by 8:30 a.m. on March 30th. For all other events, swimmers who do not check in by 9:30 a.m. each day will be scratched from all of their events for that day. If you arrive late, check-in immediately and you will be re-entered in events that have not yet been posted. We plan to seed events about one hour before they start.

Warm-Up/Warm-Down

The entire pool will be available for warm-up from 8:00 a.m. to 9:00 a.m. on all days but Friday March 28th when the pool will be available from 10:00 am to 11:00 am. On March 28th-30th there will be a 45 minute warm-up in the competition pool immediately following the conclusion of that day's first event. The 6 lane warm-up/warm-down area and the diving well will be available during the entire session and all lanes will be available for warm-down 30 minutes after last heat of a session.

Hotels

The Double Tree Suites is 1.5 miles from the pool. They have a shuttle to Harvard Square. To get the special group rate of \$109 (single/double) or \$119 (triple/quad) refer to New England Masters (617-783-0090). The Cambridge Gateway Inn is 4 miles from the pool and a 10-minute walk to the T that runs to Harvard Square. Refer to group rate under "New England Masters" from \$71.39 for 1 person to \$85.49 for 4 people, plus 12.5% tax (617-661-7800). All hotels require that rooms be booked 30 days in advance (Feb 21st or Feb 27th) to get the preferred rate.

Relays

Relay swimmers must be entered in and must compete in at least one individual event. Relays will be deck entered at the meet and must be submitted by the deadline announced at the meet-approximately one hour before the event. Swimmers will be allowed one relay for each relay event -no single sex and mixed sex for same event. USMS rule that all swimmers must be affiliated with same USMS team will be enforced.

Scoring

The meet will be scored as a competition between NEM workout groups. Please fill in the "Workout Group" section on the entry form. All swimmers from a "Workout Group" will be scored together. The first sixteen places in each individual age group event will score in the following sequence: 17, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. The top sixteen relays in each age group event will score double points.

Meet Web Site

We will run a special meet website at: <http://www.swimindex.com/meets/2003/nem-scy/> that will provide current meet information, psyche sheets, timelines and a list of problems with deadlines for resolution. During the meet we will feature live results, updated timeline, live scoreboard and webcam.

For More Information

Contact: Call Stephanie Morawski at 617-484-0550 or email at: MorawskiSteph@cambridgemasters.com. To add name to meet e-mail distribution list go to meet website at: <http://www.swimindex.com/meets/2003/nem-scy/>.