

# 2014 New England LMSC Short Course Yards Championship

March 15 & March 21-23, 2014, Harvard University, Boston MA

All USMS members can enter online:  
<http://www.meetresults.com/nelmsscscyl>

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 024-S003

Save \$5.00! Enter online:  
<http://www.meetresults.com/nelmsscscyl>

Please print seed times clearly. Use a colon between minutes and seconds.

A seed time must be listed for each event entered.

Max One Event

Maximum of four individual events per day, plus relays

No.	Entry Time Women	Event	Entry Time Men	No.
Saturday, March 15, 8:00am warm up, 9:00am start				
1A		1000 Free - Deep End		2A
1B		1000 Free - Shallow End		2B
3A		1650 Free - Deep End		4A
3B		1650 Free - Shallow End		4B
Friday March 21, 8:00am warm up, 9:00am start				
	N/A	500 Yard Freestyle-Men		6
7		100 Yard Backstroke		8
9		200 Yard Breaststroke		10
11		100 Yard Freestyle		12
13		50 Yard Butterfly		14
15		100 Yard Individual Medley		16
17,19	N/A	200 Yard Freestyle Relay	N/A	18,19
Saturday March 22, 8:00am warm up, 9:00am start				
21		500 Yard Freestyle-Women	N/A	
23		50 Yard Backstroke		24
25		100 Yard Breaststroke		26
27		200 Yard Butterfly		28
29,31	N/A	800 Free Relay (unscored)	N/A	30,31
33		200 Yard Individual Medley		34
35		50 Yard Freestyle		36
37,39	N/A	400 Yard Medley Relay	N/A	38,39
Sunday March 23, 8:00am warm up, 9:00am start				
41		400 Yard Individual Medley		42
43		200 Yard Freestyle		44
45		50 Yard Breaststroke		46
47,49	N/A	400 Yard Freestyle Relay	N/A	48,49
51		200 Yard Backstroke		52
53		100 Yard Butterfly		54
55,57	N/A	200 Yard Medley Relay	N/A	56,57

Name: \_\_\_\_\_ Sex:  Male  Female

Emergency Contact Name and Phone: \_\_\_\_\_

Age on 3/23/14 \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_

2014 USMS Number: \_\_\_\_\_

New England Masters-Workout group: \_\_\_\_\_

**Note: If you are a member of NEMSC and are not sure of the name of your workout group, go to the meet web site (listed below) to find the official name and/or abbreviation.**

Great Bay Masters  Maine Masters Swim Club  Northeastern Univ. Masters

Wellesley Masters  Burlington Y Dynamo  NE LMSC Unattached

Other club name: \_\_\_\_\_ LMSC: \_\_\_\_\_

**Note: All swimmers must attach a copy of your 2014 USMS card to this form.**

**ALL INFORMATION IS REQUIRED FOR AN OFFICIAL ENTRY.**

**INCOMPLETE FORMS WILL BE ASSESSED A \$5 PROCESSING FEE.**

**Save \$5.00! Submit your entry online: <http://www.meetresults.com/nelmsscscyl>**

**Shallow-End 1650 and 1000 Freestyle:** Swimmers who enter the shallow-end 1000 or 1650 freestyle (events 1B, 2B, 3B, 4B) agree to swim the event in the shallow end with an in-water start. Shallow-end 1000/1650 entries may take a \$2 entry fee credit.

Meet entry fee (enter online to save \$5) = \$ 30.00

# Individual events \_\_\_\_ X \$6.00 = \$ \_\_\_\_\_

Shallow end 1000/1650 (\$2 credit) = \$ \_\_\_\_\_

Total (payable to Cambridge Masters SC) = \$ \_\_\_\_\_

*No refunds will be issued for any reason.*

**Mail To:**

NE LMSC SCY Entries

PO Box 380782

Cambridge, MA 02238

[nelmsscscyl@meetresults.com](mailto:nelmsscscyl@meetresults.com)

**ENTRIES WILL STOP AT 900 SWIMMERS!**

Entries will be accepted until we reach 900 swimmers, or Feb. 28.

**MEET SIZE CAP PROCEDURE:** The meet will be FULL at 900 swimmers. Whenever we reach 900 swimmers, we will stop accepting entries that day. Please check the web site.

**LATE ENTRIES:** After February 28, if the meet is not full, you may submit an entry form with an additional \$20 late entry penalty. Late entries must be received by 6pm, Friday March 7, and *must* include a valid 2014 USMS card. Please check the web site first.

RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

**If you submit a paper entry form, please send it via overnight Express Mail and keep your tracking number. First Class mail has no delivery guarantee.**