

**2009 Eastern Zone - Northern Region  
Speedo Champions Series  
Friday, March 13, 2009  
Finals Time Line**

National Anthem			5:26 PM
<b>Awards</b>	Event #1	Women's 1650 Yard Freestyle	5:30 PM
<b>Awards</b>	Event #2	Men's 1000 Yard Freestyle	5:33 PM
Event #3	Women's 200 Yard Freestyle	Bonus	5:36 PM
		Consols	5:38 PM
		Finals	5:43 PM
Event #4	Men's 200 Yard Freestyle	Bonus	5:46 PM
		Consols	5:49 PM
		Finals	5:54 PM
Event #5	Women's 100 Yard Breaststroke	Bonus	5:57 PM
		Consols	5:59 PM
		Finals	6:03 PM
Event #6	Men's 100 Yard Breaststroke	Bonus	6:05 PM
		Consols	6:07 PM
		Finals	6:11 PM
<b>Awards</b>	Event #3	Women's 200 Yard Freestyle	6:13 PM
<b>Awards</b>	Event #4	Men's 200 Yard Freestyle	6:16 PM
<b>Awards</b>	Event #5	Women's 100 Yard Breaststroke	6:19 PM
<b>Awards</b>	Event #6	Men's 100 Yard Breaststroke	6:22 PM
Event #7	Women's 100 Yard Butterfly	Bonus	6:25 PM
		Consols	6:27 PM
		Finals	6:31 PM
Event #8	Men's 100 Yard Butterfly	Bonus	6:33 PM
		Consols	6:35 PM
		Finals	6:39 PM
Event #9	Women's 400 Yard Individual Medley	Bonus	6:41 PM
		Consols	6:46 PM
		Finals	6:54 PM
Event #10	Men's 400 Yard Individual Medley	Bonus	7:00 PM
		Consols	7:05 PM
		Finals	7:12 PM
<b>Awards</b>	Event #7	Women's 100 Yard Butterfly	7:17 PM
<b>Awards</b>	Event #8	Men's 100 Yard Butterfly	7:20 PM
<b>Awards</b>	Event #9	Women's 400 Yard Individual Medley	7:23 PM
<b>Awards</b>	Event #10	Men's 400 Yard Individual Medley	7:26 PM
Event #11	Women's 800 Yard Freestyle Relay	2nd Fastest	7:29 PM
		Fastest	7:38 PM
Event #12	Men's 800 Yard Freestyle Relay	2nd Fastest	7:48 PM
		Fastest	7:56 PM
<b>End of Session</b>			8:04 PM

**800 Free Relay cards due by 6:30pm at the Clerk of Course**

**REMINDER: Scratch box for Saturday's events closes tonight at 6:00 PM**



2009 Speedo Champions Series, Sanction #: NE-09-28

March 12-15, 2009 - Harvard University

Meet Program - Friday Finals

#3 Women 200 Yard Freestyle

**POOL:** 1:45.74 1981 Tracy Caulkins  
**MEET:** 1:46.14 2006 Julia Smit  
**15-18 NE:** 1:46.05 2008 Elizabeth Beisel  
**15-18 RES:** 1:46.05 2008 Elizabeth Beisel  
**US NAT:** 1:47.19  
**US OPEN:** 1:48.29

Meet Qualifying: 1:55.99

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	DeLafuente, Rebecca	16	BAC-NJ	1:53.58
2	Hutchinson-Maddox, Isla	13	AGUA-MR	1:53.55
3	Morford, Lauren	23	AGUA-MR	1:53.21
4	Loughran, Laura	16	PAA-NJ	1:53.12
5	Fortin, Shelby	16	WYW-CT	1:53.14
6	Fabian, Eva	15	GMSC-NE	1:53.46
7	Spinazzola, Bianca	14	ABF-NE	1:53.57
8	Moore, Rachel	14	ANA-NE	1:53.68

Heat 2 B - Final

1	Smyth, Molly	16	MSC-CT	1:52.76
2	Zhu, Annie	14	AGUA-MR	1:52.31
3	Martin, Faith	16	CCAT-CT	1:51.72
4	Ciardiello, Courtney	15	BAD-MR	1:51.60
5	Lennox, Kristina	23	GAAC-MA	1:51.69
6	Norberg, Lindsey	17	ITAC-NI	1:51.80
7	Wilson, Caroline	17	SNCO-CT	1:52.49
8	Hooper, Aimee	15	ALBS-AD	1:52.90

Heat 3 A - Final

1	Santoro, Emma	17	SSA-NE	1:50.82
2	McGraw, Erin	19	COLG-AD	1:50.73
3	Toth, Kate	17	BAC-NJ	1:49.81
4	Giberson, Sara	16	AGUA-MR	1:48.96
5	Dressel, Marissa	16	TTSC-NI	1:49.50
6	Mathieu, Alicia	17	SNCO-CT	1:50.55
7	Ryan, Brienne	17	VAC-MR	1:50.80
8	Neal, Lia	14	AGUA-MR	1:51.32

Alternates

1	Buckworth, Lauren	15	CAT-NJ	1:53.77
2	Gardner, Kailey	17	ITAC-NI	1:53.97

#4 Men 200 Yard Freestyle

**POOL:** 1:34.57 1980 Rowdy Gaines  
**MEET:** 1:35.89 2003 Scott Goldblatt  
**15-18 NE:** 1:36.91 2008 Nick D'Innocenzo  
**15-18 RES:** 1:36.33 2006 Eric Nilsson (UN)  
**US NAT:** 1:36.49  
**US OPEN:** 1:38.09

Meet Qualifying: 1:46.49

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Catano, Al	17	IA-MR	1:43.52
2	Carder, Matt	17	TIDE-VA	1:43.48
3	Gaffey, Eric	21	JG-NJ	1:43.42
4	Dunn, Colby	17	ABF-NE	1:43.25
5	Itzkowitz, Ben	16	BAD-MR	1:43.42
6	Fleming, Christopher	18	CAT-NJ	1:43.45
7	Bailey, Robert	18	BGSC-NE	1:43.48
8	Deveney, Brendan	18	WYW-CT	1:43.72

Heat 2 B - Final

1	O'Donovan, Pat	18	LCAT-NI	1:43.10
2	O'Connor, Dan	17	SYCH-NI	1:42.56
3	Kaemmerlen, Peter	25	UN-NI	1:42.24
4	Culhane, Sig	21	UN-NI	1:42.09
5	DeLafuente, Chris	18	BAC-NJ	1:42.15
6	Arruda, Louis	25	ABF-NE	1:42.47
7	Mackenzie, Sean	18	EEX-NJ	1:42.68
8	Bailey, John	15	BGSC-NE	1:43.22

Heat 3 A - Final

1	Pretto, Jack	17	CDOG-CT	1:42.08
2	Hursch, Derek	17	CAT-NJ	1:41.76
3	Feeley, Ryan	17	BAD-MR	1:40.66
4	Jaeger, Connor	17	CJAC-NJ	1:39.21
5	Signorin, Connor	16	PAA-NJ	1:39.91
6	Wilson, Kevin	17	JG-NJ	1:41.08
7	Gianino, Alex	16	BAD-MR	1:41.98
8	Petersen, Sam	17	BAC-NJ	1:42.09

Alternates

1	Michels, Gregory	18	BGSC-NE	1:43.73
2	Hughes, Kevin	15	BAD-MR	1:43.77

#5 Women 100 Yard Breaststroke

**POOL:** 1:01.13 1981 Tracy Caulkins  
**MEET:** 1:02.12 2005 Rebecca Soni  
**15-18 NE:** 1:00.70 2008 Laura Sogar  
**15-18 RES:** 1:00.70 2008 Laura Sogar (ABF)  
**US NAT:** 1:02.39  
**US OPEN:** 1:03.19

Meet Qualifying: 1:08.29

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Walsh, Molly	17	BGSC-NE	1:07.50
2	D'Alonzo, Bernadette	16	SAC-NJ	1:07.02
3	Fenn, Meaghan	18	BAD-MR	1:06.60
4	Barber, Emily	17	BRS-CT	1:05.79
5	Lewinson, Rebecca	16	XCEL-NJ	1:06.21
6	O'halloran, Coray	17	BAD-MR	1:06.79
7	Visconti, Lizzy	18	CDOG-CT	1:07.33
8	Rossi, Kelsey	16	JG-NJ	1:07.66

Heat 2 B - Final

1	Stewart, Breanna	18	ABF-NE	1:05.29
2	Barbour, Kelsey	16	SCHE-AD	1:04.81
3	Bopp, Amy	14	SCHE-AD	1:04.63
4	Jerome, Kim	16	CDOG-CT	1:04.42
5	Lee, JiYoung	19	PAA-NJ	1:04.55
6	Sinatro, Haley	15	SNCO-CT	1:04.81
7	Taylor, Adelaide	16	SNCO-CT	1:05.25
8	Maher, Madeline	15	GAAC-MA	1:05.69

Heat 3 A - Final

1	Santoro, Emma	17	SSA-NE	1:04.33
2	Chan, Olivia	14	LIE-MR	1:03.81
3	Zhu, Annie	14	AGUA-MR	1:02.88
4	Sogar, Laura	17	ABF-NE	1:01.55
5	Norberg, Lauren	17	ITAC-NI	1:02.69
6	Onstott, Megan	19	NTRO-ST	1:03.39
7	Jackson, Emma	18	ABF-NE	1:03.97
8	Lang, Melissa	17	SAC-NJ	1:04.33

Alternates

1	Klein, Morganne	16	VAC-MR	1:07.78
2	Porcellio, Liz	18	SDSC-NI	1:07.85

#6 Men 100 Yard Breaststroke

**POOL:** 53.59 1980 Steve Lundquist  
**MEET:** 55.87 2001 Ron Karnaugh  
**15-18 NE:** 55.04 1981 John Moffet (UN)  
**15-18 RES:** 54.10 2008 Nick D'Innocenzo  
**US NAT:** 54.86  
**US OPEN:** 55.89

Meet Qualifying: 1:02.19

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Mo, Samuel	14	BAD-MR	1:00.20
2	Meck, Mike	16	MSC-MR	59.84
3	Jacobi, Steven	16	PAA-NJ	59.64
4	McManus, Sean	19	UN-NI	59.52
5	Wood, Andrew	18	BGSC-NE	59.58
6	Reimon, Andrew	16	CAT-NJ	59.73
7	Zelehowsky, Lucas	17	LCAT-NI	59.96
8	Beaulieu, Connor	16	LEHY-CT	1:00.43

Heat 2 B - Final

1	Muller, Christian	17	PBAC-MR	59.38
2	Grant, Raymond	20	UN-NE	58.77
3	Didonato, Michael	21	UN-MR	58.31
4	Pink, Kenneth	18	PACK-NI	58.08
5	McVicker, Mike	18	BAD-MR	58.19
6	Fine, Daniel	15	PAA-NJ	58.40
7	Gianino, Alex	16	BAD-MR	59.09
8	Keenan, Donny	18	JG-NJ	59.39

Heat 3 A - Final

1	Fink, Nicolas	15	CAT-NJ	57.93
2	Casey, Thomas	18	SNCO-CT	57.73
3	Wilson, Kevin	17	JG-NJ	57.40
4	Higgins, Christian	16	UN-CT	55.99
5	Swenson, Steve	24	JG-NJ	56.10
6	Sanderson, Brent	18	UN-MA	57.40
7	Carlucci, Conor	20	UN-MR	57.88
8	Millett, Ted	17	YNS-NE	58.01

Alternates

1	Rappold, Timothy	17	SCHE-AD	1:00.55
2	Carmichael-Lopes, Bernil	15	LIE-MR	1:00.59





2009 Speedo Champions Series, Sanction #: NE-09-28

March 12-15, 2009 - Harvard University

Meet Program - Friday Finals

#7 Women 100 Yard Butterfly

**POOL:** 52.99 1981 Jill Sterkel  
**MEET:** 54.59 2007 Alex Forrester  
**15-18 NE:** 53.00 1981 Mary T. Meagher  
**15-18 RES:** 53.49 2008 Alex Forrester  
**US NAT:** 53.89  
**US OPEN:** 54.99

Meet Qualifying: 59.19

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Maher, Madeline	15	GAAC-MA	57.55
2	Mulvey, Hillary	16	SSA-NE	57.42
3	DeLafuente, Rebecca	16	BAC-NJ	57.33
4	Moore, Rachel	14	ANA-NE	57.09
5	Jordan, Maggie	14	SCHE-AD	57.22
6	Guyett, Caren	19	COLG-AD	57.39
7	Casey, Bridget	16	GAAC-MA	57.43
8	Smyth, Molly	16	MSC-CT	57.60

Heat 2 B - Final

1	Toth, Kate	17	BAC-NJ	56.96
2	Neal, Lia	14	AGUA-MR	56.86
3	Grindall, Dana	13	SNCO-CT	56.52
4	Norberg, Lindsey	17	ITAC-NI	56.23
5	Jones, Shannon	16	BAD-MR	56.41
6	Kearney, Michaela	15	SNCO-CT	56.83
7	Sneed, Taylor	16	GAAC-MA	56.92
8	Lennox, Kristina	23	GAAC-MA	56.99

Heat 3 A - Final

1	Cervone, Victoria	18	NJW-NJ	55.96
2	Sogar, Laura	17	ABF-NE	55.81
3	Ciardiello, Courtney	15	BAD-MR	55.38
4	McGraw, Erin	19	COLG-AD	54.29
5	Fittin, Carolyn	16	PAA-NJ	55.32
6	Koelle, Addi	17	SNCO-CT	55.53
7	Ryan, Brienne	17	VAC-MR	55.93
8	Douglas, Arlene	17	BAC-NJ	56.04

Alternates

1	McElfresh, Erin	13	LCAT-NI	57.61
2	Lewinson, Rebecca	16	XCEL-NJ	57.84

#8 Men 100 Yard Butterfly

**POOL:** 47.29 2008 Bill Jones (Harvard)  
**MEET:** 48.58 2006 Brian Wilson  
**15-18 NE:** 48.58 2006 Brian Wilson  
**15-18 RES:** 48.69 1985 Keith Hayes (SAC)  
**US NAT:** 47.89  
**US OPEN:** 48.59

Meet Qualifying: 53.89

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Angieli, Edwin	16	BOSS-NE	52.67
2	MacDonald, Michael	22	JG-NJ	52.59
3	Pilgrim, Gregory	20	KVAC-NI	52.56
4	Vasquez, Everett	15	NS-MR	52.45
5	Burud, Michael	16	NDAC-MR	52.50
6	Kafina, Martin	18	NSSC-NE	52.57
7	Danner, Ripley	16	NDAC-MR	52.63
8	Baudoin, Phil	21	UN-NI	52.74

Heat 2 B - Final

1	Strand, Michael	16	ESC-NJ	52.18
2	Francis, James	19	UN-MA	51.89
3	Zelehowsky, Lucas	17	LCAT-NI	51.62
4	Feeley, Ryan	17	BAD-MR	51.22
5	DeLafuente, Chris	18	BAC-NJ	51.54
6	Sacco, Peter	17	CCSC-NE	51.88
7	Dunn, Colby	17	ABF-NE	52.06
8	Myers, Pat	16	ABF-NE	52.22

Heat 3 A - Final

1	ROSS, Mike	40	ABF-NE	50.86
2	Zorsch, Cory	17	HAST-NI	50.43
3	Scott, Henry	17	JG-NJ	50.04
4	Jaeger, Connor	17	CJAC-NJ	49.81
5	Hayet, Nimrod	18	PAA-NJ	49.89
6	Casey, Thomas	18	SNCO-CT	50.24
7	Mullins, Wesley	18	PAA-NJ	50.76
8	Arruda, Louis	25	ABF-NE	51.12

Alternates

1	Lam, Derek	16	PAA-NJ	52.85
2	Culver, Eric	17	MSC-MR	52.91

#9 Women 400 Yard IM

**POOL:** 4:04.63 1981 Tracy Caulkins  
**MEET:** 4:07.85 2006 Alicia Aemisegger  
**15-18 NE:** 4:04.59 2008 Elizabeth Beisel  
**15-18 RES:** 4:04.59 2008 Elizabeth Beisel  
**US NAT:** 4:16.29  
**US OPEN:** 4:19.79

Meet Qualifying: 4:36.79

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Stewart, Breanna	18	ABF-NE	4:32.18
2	Buckworth, Lauren	15	CAT-NJ	4:30.47
3	Ciampoli, Kacie	16	GAAC-MA	4:28.96
4	Martin, Faith	16	CCAT-CT	4:28.19
5	Norberg, Lauren	17	ITAC-NI	4:28.55
6	Radin, Katie	18	ABF-NE	4:30.27
7	Punger, Lauren	13	GMSC-NE	4:31.17
8	Romain, Danielle	15	CAT-NJ	4:32.55

Heat 2 B - Final

1	Lang, Melissa	17	SAC-NJ	4:27.72
2	Kozioi, Stephanie	15	BAC-NJ	4:27.27
3	Guyett, Caren	19	COLG-AD	4:26.92
4	Chan, Olivia	14	LIE-MR	4:26.61
5	Fenn, Meaghan	18	BAD-MR	4:26.81
6	Casey, Bridget	16	GAAC-MA	4:27.08
7	Hooper, Aimee	15	ALBS-AD	4:27.52
8	Kessler, Rachel	14	BAD-MR	4:27.80

Heat 3 A - Final

1	Cervone, Victoria	18	NJW-NJ	4:23.13
2	Dressel, Marissa	16	TTSC-NI	4:22.53
3	Zhu, Annie	14	AGUA-MR	4:20.79
4	Giberson, Sara	16	AGUA-MR	4:18.99
5	Sogar, Laura	17	ABF-NE	4:19.15
6	Maher, Madeline	15	GAAC-MA	4:22.21
7	Wilson, Caroline	17	SNCO-CT	4:22.64
8	Cassidy, Victoria	17	EEX-NJ	4:24.13

Alternates

1	Larkin, Colleen	15	VAC-MR	4:32.62
2	Gardner, Kailey	17	ITAC-NI	4:32.77

#10 Men 400 Yard IM

**POOL:** 3:47.83 2008 Geoff Rathgeber  
**MEET:** 3:51.85 2001 Ron Karnaugh  
**15-18 NE:** 3:51.87 1981 R. Prado (MV)  
**15-18 RES:** 3:43.36 2008 Nick D'Innocenzo  
**US NAT:** 3:53.29  
**US OPEN:** 3:58.29

Meet Qualifying: 4:15.09

Lane	Name	Age	Team	Prelims
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Heat 1 C - Final

1	Signorin, Ryan	14	PAA-NJ	4:11.76
2	Lyons, Chris	15	BAD-MR	4:10.47
3	Zelehowsky, Lucas	17	LCAT-NI	4:09.78
4	Mo, Samuel	14	BAD-MR	4:08.16
5	Rappold, Timothy	17	SCHE-AD	4:09.69
6	McVicker, Mike	18	BAD-MR	4:10.38
7	Bailey, John	15	BGSC-NE	4:11.54
8	Barry, Charles	13	BAD-MR	4:12.05

Heat 2 B - Final

1	Millett, Ted	17	YNS-NE	4:06.79
2	Hursch, Derek	17	CAT-NJ	4:05.27
3	Mackenzie, Sean	18	EEX-NJ	4:04.38
4	Petersen, Sam	17	BAC-NJ	4:02.55
5	Hansen, Mark	17	BAC-NJ	4:02.91
6	McEldrew, Jimmy	15	GAAC-MA	4:04.52
7	Maher, Connor	16	HNHS-CT	4:06.78
8	Myers, Pat	16	ABF-NE	4:07.32

Heat 3 A - Final

1	Healy, Devon	19	COLG-AD	4:01.91
2	O'Connor, Dan	17	SYCH-NI	4:01.67
3	Buckley, Shayne	16	SCHE-AD	3:59.36
4	Signorin, Connor	16	PAA-NJ	3:57.23
5	Pryor, Mike	18	GMSC-NE	3:57.43
6	Gianino, Alex	16	BAD-MR	3:59.83
7	Mullins, Wesley	18	PAA-NJ	4:01.76
8	Hayet, Nimrod	18	PAA-NJ	4:02.29

Alternates

1	Inglis, Christopher	16	CCSC-NE	4:12.20
2	Strand, Michael	16	ESC-NJ	4:12.60





## 2009 Speedo Champions Series, Sanction #: NE-09-28

March 12-15, 2009 - Harvard University

## Meet Program - Friday Finals

## #11 Women 800 Yard Freestyle Relay

POOL: 7:12.62 1981 Mission Viejo

Lindzmier, Williams, Habernigg, Hanna

MEET: 7:27.29 2006 Germantown

A.Aemisegger, K. Riefenstahl, T.Cripen, K.Groome

15-18 NE: 7:12.62 1981 Mission Viejo

Lindzmier, Habernigg, Williams, Hanna

15-18 RES: 7:28.31 2008 Bluefish Swim Club

A. Fraiser, A. Forrester, B. Spinazzola, E. Beisel

US NAT: 7:20.35

US OPEN: 7:25.49

Meet Qualifying: 8:05.39

Lane	Team	Relay	Seed Time
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## Heat 4 (#11 Women 800 Yard Freestyle Relay)

1	BAD-MR	B	7:49.49
2	SNCO-CT	B	7:45.89
3	CAT-NJ	A	7:42.08
4	ABF-NE	B	7:39.49
5	BGSC-NE	A	7:41.01
6	SAC-NJ	B	7:45.11
7	TTSC-NI	A	7:46.03
8	AGUA-MR	B	7:49.64

## Heat 5 of 5 Finals

1	BAC-NJ	A	7:35.77
2	PAA-NJ	A	7:35.05
3	SAC-NJ	A	7:30.04
4	ABF-NE	A	7:20.00
5	AGUA-MR	A	7:24.66
6	SNCO-CT	A	7:31.24
7	BAD-MR	A	7:35.27
8	GAAC-MA	A	7:36.64

## #12 Men 800 Yard Freestyle Relay

POOL: 6:28.07 1980 Auburn

R. Morley, W. Forrester, D. McCagg, R. Gaines

MEET: 6:47.73 2002 Mass Bay Marlins

S. Riley, J. Eaddy, A. Martorano, C. Arsenault

15-18 NE: 6:52.07 1993 Mass Bay Marlins

Kurmakov, Hawkins, Eriksson, Craven

15-18 RES: 6:46.03 1993 Mass Bay Marlins

Kurmakov, Hawkins, Eriksson, Craven

US NAT: 6:28.29

US OPEN: 6:46.99

Meet Qualifying: 7:22.39

Lane	Team	Relay	Seed Time
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## Heat 3 of 4 Finals

1	EEX-NJ	A	7:13.08
2	ANA-NE	A	7:06.99
3	SAC-NJ	A	7:04.77
4	CAT-NJ	A	7:03.17
5	ABF-NE	B	7:03.80
6	JG-NJ	A	7:04.86
7	YNS-NE	A	7:09.03
8	LCAT-NI	A	7:13.33

## Heat 4 of 4 Finals

1	IA-MR	A	7:01.48
2	BAC-NJ	A	6:58.29
3	BAD-MR	A	6:51.50
4	PAA-NJ	A	6:45.15
5	ABF-NE	A	6:48.05
6	BGSC-NE	A	6:56.60
7	SCHE-AD	A	6:59.58
8	BOSS-NE	A	7:02.74

