

# 2008 RELAY FORM

## Circle Relay:

Friday	Saturday		Sunday	
400 med.	800 free	200 free	200 med.	400 free
	(unscored)			

## Circle Relay Gender:

Female      Male      Mixed (2 women, 2 men, any order)

**Team/Workout Group:** \_\_\_\_\_

**Relay Label (A/B/C):** \_\_\_\_\_

**Seed Time:** \_\_\_\_\_

Note: All four swimmers must be from the same USMS club. Unattached swimmers may not compete on relays. Swimmers from different NEM workout groups may form a relay for "NEM-Unattached". Swimmers may not swim on both a male/female and a mixed relay for the same relay event.

**Swimmers (in correct order):** **Age on  
3/30/08**

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

Youngest: \_\_\_\_\_

## Circle Relay Age Group:

18-24   25-34   35-44   45-54   55-64   65-74   75-84   85-94   95-104

The *youngest* person on the relay determines the age group.

Check here to make the leadoff time official: