

2008 New England LMSC Short Course Yards Championship

March 27-30, 2008, Harvard University, Boston MA

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 039-003-SSCY

Enter this meet online:
<http://www.meetresults.com/nelmscscy/>

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Please print seed times clearly. Use a colon between minutes and seconds
 A seed time must be listed for each event entered.

No.	Entry Time	Event	Entry Time	No.
Women		*Cannot swim both 1000 and 1650	Men	
Thursday, March 27, 8:00am warm up, 9:00am start				
1A		1000 Free - Deep End		2A
1B		1000 Free - Shallow End		2B
3A		1650 Free - Deep End		4A
3B		1650 Free - Shallow End		4B
Friday March 28, 8:00am warm up, 9:00am start				
	N/A	500 Yard Freestyle-Men		6
7		50 Yard Breaststroke		8
9		100 Yard Butterfly		10
11		50 Yard Freestyle		12
13		100 Yard Individual Medley		14
15		200 Yard Backstroke		16
17,19	N/A	400 Yard Medley Relay	N/A	18,19
Saturday March 29, 8:00am warm up, 9:00am start				
21		500 Yard Freestyle-Women	N/A	
23		100 Yard Freestyle		24
25		200 Yard Individual Medley		26
27,29	N/A	800 Free Relay (Unscored)	N/A	28,29
31		100 Yard Breaststroke		32
33		50 Yard Backstroke		34
35		200 Yard Butterfly		36
37,39	N/A	200 Yard Freestyle Relay	N/A	38,39
Sunday March 30, 8:00am warm up, 9:00am start				
41		400 Yard Individual Medley		42
43		200 Yard Freestyle		44
45		100 Yard Backstroke		46
47,49	N/A	200 Yard Medley Relay	N/A	48,49
51		50 Yard Butterfly		52
53		200 Yard Breaststroke		54
55,57	N/A	400 Yard Freestyle Relay	N/A	56,57

Max One Event

Maximum of four individual events per day, plus relays

Name: _____ Sex: Male Female
 Emergency Contact Name and Phone: _____
 Age on 3/30/08 _____ DOB: _____ Phone: _____
 E-Mail: _____
 Address: _____

2008 USMS Number: _____
 New England Masters-Workout group: _____
 Vermont Masters Maine Masters Great Bay Masters

Note: If you are a member of NEMSC and are not sure of the name of your workout group, go to the meet web site (listed below) to find the official name and/or abbreviation.

Other club name: _____ LMSC: _____

Note: If you are not a member of the New England LMSC you must attach a copy of your 2008 USMS card to this form.

**ALL INFORMATION IS REQUIRED FOR AN OFFICIAL ENTRY.
 INCOMPLETE FORMS WILL BE ASSESSED A \$5 PROCESSING FEE.**

Save a stamp! Submit your entry online: <http://www.meetresults.com/nelmscscy/>

Shallow-End 1000 and 1650 Freestyle: Swimmers who enter the shallow-end 1000 or 1650 freestyle (events 1B, 2B, 3B, 4B) agree to swim the event in the shallow end with an in-water start. Shallow-end 1000/1650 entries may take a \$2 entry fee credit.

Meet entry fee = \$ 16.00
 # Individual events ___ X \$4.00 = \$ _____
 Shallow end 1000/1650 (\$2 credit) = \$ _____
 Total (payable to Cambridge Masters SC) = \$ _____
No refunds will be issued for any reason.

Mail To:
 NE LMSC SCY Entries
 c/o Cambridge Masters Swim Club
 PO Box 26
 Belmont, MA 02478
nelmscscy@swimindex.com

ENTRY DEADLINE

Entries must be postmarked by February 19, or received by February 22.

MEET SIZE CAP: The meet will be FULL at 750 swimmers. All entries received by the regular entry deadline will be accepted. LATE ENTRIES will be accepted only if the meet is not full.
LATE ENTRIES: If you miss the entry deadline above, and the meet has not been declared FULL, you may submit an entry form with an additional \$16 late entry penalty. Late entries must be received by 6pm, Friday March 14, and *must* include a valid 2007 USMS ID number.

RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

DATE _____ SIGNATURE _____

This form can be completed on your computer and printed out using Adobe Acrobat. Please download the original form from the meet web site.