

New England Swimming Senior Championships

December 6-9, 2007

Blodgett Pool, Harvard University, Boston MA

Presented by: The Bay and Ocean State Squids

Sanctioned by New England Swimming: NE-07-102 and NE-07-102-TT

Meet Director: Tim Murphy (tdmurphy@fas.harvard.edu, 617-495-2268)
Meet Referee: Joan Beisel (beisel@cox.net, 401-294-6995)
Administrative Referee: David Saunders (dsaund9910@comcast.net, 401-439-5233)
Entry Chairperson: Carol Healey (nemeetentries@comcast.net, 781-444-2014)
47 May Street, Needham, MA 02492
Meet Operations: Rick Osterberg (neseniors@meetresults.com)
Meet web site: <http://www.meetresults.com/neseniors/>
Meet news recording: 617-880-NEWS (617-880-6397)

SESSIONS:

	Thursday	Friday	Saturday	Sunday
Prelims: Warmup		7:30 AM	7:30 AM	7:30 AM
Prelims: Start		9:00 AM	9:00 AM	9:00 AM
Finals: Warmup	4:00 PM	5:00 PM	5:00 PM	4:00 PM
Finals: Start	5:30 PM	6:00 PM	6:00 PM	5:00 PM

SITE: Harvard University Blodgett Pool features an 8-lane, 25-yard competition course with seven-foot-wide lanes, non-turbulent Kiefer Advantage II lane lines, and fully automatic Daktronics electronic timing and alphanumeric display. Starting blocks are custom Track Start Competitor model blocks by Paragon Aquatics, with a 24"x 32" starting surface and Daktronics relay judging platforms. The racing course has a depth of 7 feet. There is a 6-lane, 25-yard warmup course at the far end of the pool. There will be four additional 30-yard warmup lanes in the diving well area available. There is spectator seating for 1200.

MEET FORMAT: The meet will be swum with circle-seeded preliminary heats in the morning session with C-Final, B-Final, and A-Final (in that order) in the evening session, unless otherwise noted. The A-Final of each individual event, including the fastest heats of the 1000 yard freestyle and 1650 yard freestyle, will march-out from the Ready Area immediately before swimming. All relay events will report directly to the blocks. All relay events, as well as the 1000 freestyle and 1650 freestyle will be swum as timed final events.

- **Relay Events:** Relays are timed-final events. The two fastest-seeded relays per team, after scratches, must swim with the evening finals. Other relays may swim either with the morning preliminaries or with the evening finals. All relays must positively check-in by the appropriate scratch deadline. Relays other than the two fastest-seeded relays per team must declare their prelims/finals intention by the appropriate scratch deadline. Relays that do not check-in by the scratch deadline will be scratched. Relay participants must be declared to the Clerk of Course by 10:00am (prelims) or 7:00pm (finals), but may be changed up to the time of the swim. All relays are eligible to score points, but only the fastest two relays per team will score points.
- **Thursday Distance Events (1000 freestyle):** The 1000 freestyle will be swum fastest-to-slowest, alternating heats of women and men. These events are timed finals. Swimmers must provide two timers and one counter for their swim. The meet director reserves the right to seed these events with two swimmers per lane if the event is over-subscribed. Swimmers must positively check-in at the Clerk of Course by 4:15pm on Thursday.
- **Sunday Distance Events (1650 freestyle):** The fastest heat of the women's 1650 freestyle and men's 1650 freestyle will swim with the evening finals. All other heats will be swum fastest-to-slowest, alternating heats of women and men, at the end of the morning preliminaries session, after the 400 medley relay. These events are timed finals. Swimmers in all but the fastest heat must provide two timers and one counter for their swim. The meet director reserves the right to seed these events with two swimmers per lane if the event is over-subscribed. Swimmers must positively check-in at the Clerk of Course by 6:30pm on Saturday.
- **A/B flight format:** Dependent on the number of entries, and at the discretion of the Meet Referee, the 400 IM and/or 500 freestyle preliminaries may be conducted in an "A/B flight" format.

COURSE: Short course yards (25 yards).

EVENTS: See attached list.

ELIGIBILITY: All contestants must be 2007 United States Swimming registered athletes. Any swimmer registered with United States Swimming and with qualifying times is eligible to swim in this meet. All swimmers must be registered before the entry is submitted. Swimmers who are not registered with USA Swimming at the time of entry will be scratched, and entry fees will not be refunded, and teams will be subject to a fine of \$100 per unregistered swimmer. New England teams entering the meet are required to check their entries with the online registration check tool on the New England Swimming web site (<http://www.neswim.com/tools/registration.html>). Entries with incorrect registration data will be scratched. Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, office@neswim.com.

ENTRY INFORMATION:

- Qualification period: July 20, 2006 through December 3, 2007.
- Seeding order: SCY, LCM, SCM. Bonus events are seeded last.
- Entry Fees: \$5 for individual events, \$20 for relay events (add \$0.50 for non-electronic entries).
- Swimmer participation fee: \$5 per swimmer
- New England Travel Fund surcharge: \$2 per swimmer
- Entry Fee Payable To: Massachusetts Bay Marlins
- Regular Entry Deadline: Tuesday, November 27, 2007 at 6:00pm EST.
- Electronic Email Entries: Email a Hy-Tek entries file (preferred) or a SDIF file to nemeetentries@comcast.net. Your email must be received before the regular entry deadline. You must also complete the entry cover and waiver, and send with your payment and a hard-copy of your entry printout. Your signed entry cover and waiver, hard-copy printout and payment must arrive no later than Saturday, December 1, 2007. In the text of your email, please include all contact information, including team name, coach name, contact person, email address and phone numbers. Please include your team initials in the email subject.
- Electronic Diskette/CD Entries: Send a 3.5" diskette or CD-ROM containing a Hy-Tek entries file (preferred) or a SDIF file to the entries address. You must also include a hard-copy printout of your entries, as well as a completed and signed entry cover and waiver, and entry fee payment. Your diskette/CD and entry materials must be received before the regular entry deadline.
- Non-Electronic Entries: Send entry forms, completed and signed entry cover and waiver, and entry fee to the entry address. Your entry materials must be received before the regular entry deadline.
- Hard-copy entry printout: Please print your report organized "by athlete" (and not "by event"), and include the meet name that the entry time was achieved at. Circle all bonus entries in red.
- Entry Limits: Swimmers may enter any number of events. Swimmers may only compete in a maximum of three (3) individual events per day (including time trials) and a maximum of nine (9) individual events in the meet (not including time trials).
- Relay-Only Swimmers: Relay-only swimmers are not permitted.
- Bonus Events:
 - 1 qualifying time standard = 4 bonus events
 - 2 qualifying time standards = 3 bonus events
 - 3 qualifying time standards = 3 bonus events
 - 4 or more qualifying time standards = 2 bonus events
 - Swimmers electing to swim the 1000 freestyle or 1650 freestyle must have attained the Age Group time standard for that event.

UPDATED TIMES and NEW CUTS: Updated times and new cuts achieved after the regular entry deadline of November 27, 2007 only will be accepted until Monday, December 3, 2007 at 5:00pm EST. These must be submitted via email to nemeetentries@comcast.net.

TIME TRIALS: Time trials will be available at the discretion of the meet referee and meet director, and if time allows, after the prelims sessions on Friday, Saturday and Sunday. Limited time trials may be available after the finals sessions. Please be aware that time trials count towards the daily maximum of three individual events. All time trial swimmers must provide two timers for their swims. Time trials are \$5 for individual events and \$20 for relays. Sign-up for time trials at the Clerk of Course.

MEET RESULTS AND PUBLICITY: The official meet web site is <http://www.meetresults.com/neseniors/> The meet web site will feature instant results, real-time online scoreboard, pool webcam, full results and full pre-meet reports and entry confirmation lists.

SCRATCHES: The scratch box will be located at the Clerk of Course table. After the preliminaries and/or timed finals have been seeded, any swimmer who fails to compete in an individual event preliminary or timed final heat in which they have been entered and have not been scratched will be barred from further individual and relay events that day. In order to swim any events on remaining days the coach and/or swimmer must positively check-in with the Clerk of Course prior to the scratch deadline of that day's events. Before the meet starts, coaches can email scratches to Carol Healey (nemeetentries@comcast.net) until Wednesday at 6:00pm EST. Scratch deadlines are as follows:

- Thursday, 4:15pm: Positive check-in for Thursday distance events (1000 freestyle).
- Thursday, 6:00pm: All Friday events (including positive check-in for 800 free relay).
Scratches for Friday events may also be made via telephone to Mariella Allard (508-633-8821) until Thursday at 6:00pm.
- Friday, 6:30pm: All Saturday events (including positive check-in for 400 free relay).
- Saturday, 6:30pm: All Sunday events (including positive check-in for 1650 freestyle and 400 medley relay).

SCRATCHES FOR FINALS: This meet will follow the National Championship Scratch Rules as specified in rule 207.12.10. Any swimmer who competes in an individual prelims heat and qualifies for finals and fails to notify the Clerk of Course of his/her intention to withdraw from the finals within 30 minutes of the posting of the results and qualifiers for that event, and does not compete nor is excused by the meet referee, will be barred from all subsequent competition in the meet, including relays and time trials. Any team that has a no-show swimmer in the finals on Sunday evening will be fined \$100 per no-show.

WARMUP PROCEDURE: A full schedule of warmup information will be published before the start of the meet. The competition course will close 10 minutes before the start of each session. USA Swimming warm-up policies will be in effect for the meet. Diving will be prohibited during warm-ups in the warm-up/down pool at all times during the meet. One way sprint lanes will be announced during warm-ups for starting practice only. Coaches must instruct their swimmers to obey these rules. Failure to comply with a designated safety marshal's orders could result in disciplinary action. All swimmers participating in the meet without a USA Swimming registered coach shall report to the referee before warm-ups prior to each session.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

VERIFICATION and RULES: There will be a verification table on deck. At this meet teams must submit to the verification table a copy of their meet entry with verification of all times indicated. Teams must also include a copy of any non-New England calendar meet results used for entry times. Any swimmer unable to verify entry time will be barred from the rest of the meet.

Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. Disabled swimmer forms are required by US Swimming and are available from the New England Swimming Office.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

TIMERS and OTHER WORKERS: According to New England Swimming policy on Championship meets, the meet host will make timing assignments for this meet based on the size of each team's entry. Please be cooperative and punctual. We need the full cooperation of all teams, large and small, to adequately run this meet. All teams will be given timing/work assignments based on the number of entries. Teams treating this meet as a team travel meet need to assure that they have enough parental workers at the meet to fulfill their team obligation. The timing assignments will be posted on the web page with ample time to get workers.

All swimmers in the 1000 freestyle and 1650 freestyle must provide 2 timers for their swim.

SCORING: Scoring will be to 24 places. Only the fastest two relays from each team will be scored.

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
Individual:	32	29	28	27	26	25	24	23	20	18	17	16	15	14	13	12	9	7	6	5	4	3	2	1
Relay:	64	58	56	54	52	50	48	46	40	36	34	32	30	28	26	24	18	14	12	10	8	6	4	2

AWARDS: Results of each event will be announced immediately following the conclusion of the A-Final heat in finals. There will be no formal awards presentation for individual and relay events. Awards for individual and relay events may be picked-up at the Clerk of Course table. Team awards and individual high point award will be presented at the conclusion of the Sunday finals session.

- Individual events: Top 8 finishers (available at the Clerk of Course table)
- Relay events: Top 3 teams (available at the Clerk of Course table)
- Team awards (combined scores): Top 8 teams
- Individual high point: Top 8 female and top 8 male

SPECTATOR ADMISSION and HEAT SHEETS: The spectator seating area will open one hour before the start of each session. The spectator entrance is on the upper level of Blodgett Pool. Prices are as follows:

- Admission: \$1.00 per session
- Heat Sheets: \$3.00 per session

FACILITY RULES AND SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- No smoking is permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.
- Team banners must not exceed 5' x 8' and will be hung by facility staff. No handmade signs are allowed in the facility.

LOCKER ROOMS: Day lockers will be available for use at Blodgett Pool for athletes, coaches and officials. The locker room area will be strictly for use by properly credentialed individuals. Do not leave locks on lockers overnight. Do not leave valuables in your locker. Neither Harvard University, the Massachusetts Bay Marlins nor the Bay and Ocean State Squids are responsible for lost or stolen property.

MEDICAL ASSISTANCE: Medical assistance will be provided at the facility. If you require medical assistance, please notify a facility lifeguard, or a member of the meet staff. The closest hospital and emergency room is Mt. Auburn Hospital, 300 Mt. Auburn Street, Cambridge MA 02138. It is located one mile from Blodgett Pool.

CONCESSIONS: There will be a concession stand open for the duration of the meet. The concession area is on the upper level of the pool, by the spectator entrance.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles and other accessories for the duration of the meet. The vendor location is on the upper level of the pool, by the spectator entrance.

HOSPITALITY: A hospitality area will be available for coaches and meet staff. Coaches and meet staff must have appropriate credentials to enter the hospitality area. The Hospitality Area will be in the Hall of History, adjacent to the pool entrance on the street level.

OFFICIALS: Officials are requested to help with the pre-meet planning for this meet by stating their availability to help as soon as possible. Please provide the information requested on the Application to Officiate for this meet (linked above). Host Team officials are reminded that they also need to submit an application. All applications that are received by the meet entry deadline (November 27, 2007) will count towards the work requirements for the official's team. Applications to officiate that are received at least ten days prior to the meet, and declare a commitment to serve at most of the meet, will be given priority consideration in deck assignments. Please do not submit an application within three days of the meet. "Walk-on" officials are always welcome and will be assigned to positions that are not filled.

COACHES NOTES: All coaches should check-in with the Clerk of Course table upon arrival at the pool. Information for Coaches will be available at the beginning of warm-ups at each session from the Clerk of Course. This will include the heat sheet for that session and any notes that may be needed. There will be a coaches meeting at 8:40am on Friday. Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Swimmers, parents, coaches, and spectators are restricted to the pool, spectator stands and concession area. Harvard University and New England Swimming will not assume responsibility for lost or stolen articles. Parents are in charge of supervising younger children in attendance at the meet. Officials will be patrolling the facility and locker rooms and will have the authority to dismiss swimmers and spectators immediately from the facility. There will be no exceptions. Coaches are responsible for communicating this to both swimmers and parents. Please do not ask to change entry times or events after the entry deadline. No deck entries will be accepted.

PARKING: All parking will be located in the Gate 6 parking area around the Harvard Stadium. The parking charge will be \$10.00 per day. Please follow posted signs and park only where instructed.

DIRECTIONS: The street address for Blodgett Pool is 65 North Harvard Street, Boston MA 02163.

From the West: Take the Massachusetts Turnpike east to Exit 18 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

From the North: Take I-93 south to Storrow Drive exit. Take Storrow Drive west for approximately five miles. Exit at Harvard Square/North Harvard Street. At the top of the exit, turn left onto North Harvard Street. Approximately 1/4 mile on your left will be the entrance to the Harvard Business School parking lot, on Albert H. Gordon Road, opposite the football stadium.

From the South: Take I-95 north to I-93 north. Follow I-93 to Exit 20 (Massachusetts Turnpike). Take Mass. Pike west to Exit 20 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

Via M.B.T.A. (subway/bus): The Red Line subway stops at Harvard Square. Blodgett Pool is a 10-minute walk from the square, down John F. Kennedy St. and over the Charles River. Several bus routes make stops at Harvard Square as well. The 66 and 86 routes include stops on North Harvard Street in front of Harvard Stadium and Blodgett Pool.

LODGING: The following hotels are in the area:

Boston Marriot Cambridge
2 Cambridge Center
Cambridge, MA 02142
617-494-6600
<http://www.marriot.com>
2.2 miles to pool

Residence Inn by Marriott Boston Cambridge Center
6 Cambridge Center, Cambridge MA 02142
617-349-0700
2.2 miles to pool
<http://www.marriot.com>
2.2 miles to pool

Doubletree Guest Suites Boston
400 Soldier's Field Road, Boston MA 02134
617-783-0090
<http://www.hiltonfamilyboston.com>
1.0 mile to pool

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Order of Events

Thursday, December 6, 2007

Women				Timed Finals: 5:30pm start			Men		
SCM	LCM	SCY	#	Event	#	SCY	LCM	SCM	
9:42.09	9:55.39	10:55.49	1	1000 yard freestyle *	2	10:16.49	9:31.29	9:18.39	

Friday, December 7, 2007

Women				Prelims: 9:00am start Finals: 6:00pm start			Men		
SCM	LCM	SCY	#	Event	#	SCY	LCM	SCM	
2:12.09	2:16.99	1:58.99	3	200 yard freestyle	4	1:50.59	2:06.99	2:02.79	
1:18.19	1:20.29	1:10.39	5	100 yard breaststroke	6	1:04.99	1:15.09	1:12.19	
1:08.09	1:09.89	1:01.29	7	100 yard butterfly	8	56.09	1:05.09	1:02.29	
5:16.39	5:30.89	4:44.99	9	400 yard IM	10	4:30.99	5:11.89	5:00.89	
			11	800 yard free relay *	12				

Saturday, December 8, 2007

Women				Prelims: 9:00am start Finals: 6:00pm start			Men		
SCM	LCM	SCY	#	Event	#	SCY	LCM	SCM	
2:32.69	2:38.19	2:17.49	13	200 yard butterfly	14	2:07.59	2:25.49	2:21.69	
28:49	29.39	25.59	15	50 yard freestyle	16	22.99	26.89	25.59	
2:49.69	2:58.99	2:32.79	17	200 yard breaststroke	18	2:23.29	2:47.89	2:39.09	
1:09.79	1:13.19	1:02.79	19	100 yard backstroke	10	58.09	1:06.29	1:04.49	
4:41.49	4:47.49	5:16.99	21	500 yard freestyle	22	4:57.89	4:33.09	4:24.59	
			23	400 yard free relay *	24				

Sunday, December 9, 2007

Women				Prelims: 9:00am start Finals: 6:00pm start			Men		
SCM	LCM	SCY	#	Event	#	SCY	LCM	SCM	
18:43.09	19:17.09	18:32.99	25	1650 yard freestyle *	26	17:33.99	18:15.89	18:03.39	
2:29.09	2:39.99	2:14.29	27	200 yard backstroke	28	2:06.99	2:25.79	2:20.99	
1:01.49	1:03.99	55.39	29	100 yard freestyle	30	50.89	58.59	56.49	
2:30.09	2:35.59	2:15.19	31	200 yard IM	32	2:04.99	2:24.79	2:18.79	
			33	400 yard medley relay *	34				

Relay Events: Relay Events: Relays are timed-final events. The two fastest-seeded relays per team, after scratches, must swim with the evening finals. Other relays may swim either with the morning preliminaries or with the evening finals. All relays must positively check-in by the appropriate scratch deadline. Relays other than the two fastest-seeded relays per team must declare their prelims/finals intention by the appropriate scratch deadline. Relays that do not check-in by the scratch deadline will be scratched. Relay participants must be declared to the Clerk of Course by 10:00am (prelims) or 7:00pm (finals), but may be changed up to the time of the swim. All relays are eligible to score points, but only the fastest two relays per team will score points.

Thursday Distance Events (1000 freestyle): The 1000 freestyle will be swum fastest-to-slowest, alternating heats of women and men. These events are timed finals.

Sunday Distance Events (1650 freestyle): The fastest heat of the women's 1650 freestyle and men's 1650 freestyle will swim with the evening finals. All other heats will be swum fastest-to-slowest, alternating heats of women and men, at the end of the morning preliminaries session, after the 400 medley relay. These events are timed finals.

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CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

List Unattached Swimmers: _____

ENTRY FEES

_____ Individual Electronic Entries @ \$5.00 = \$ _____

_____ Individual Non-Electronic Entries @ \$5.50 = \$ _____

_____ Relay Electronic Entries @ \$20.00 = \$ _____

_____ Relay Non-Electronic Entries @ \$20.50 = \$ _____

_____ Total number of swimmers @ \$7.00 = \$ _____

(Includes \$2 New England Swimming Travel fee and \$5 Swimmer Participation Fee)

TOTAL = \$ _____

Please submit one check payable to: Massachusetts Bay Marlins

Include the hard copy of entries, sorted by athlete and with proof of times report (identifies meets where qualifying times were achieved) as the paper copy of your entries.

Mail entries and check to:

Carol Healey
47 May Street
Needham, MA 02492

Entry Deadline: Tuesday, November 27, 2007

This form and payment must be
received by Saturday, December 1, 2007

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Bay and Ocean State Squids, Massachusetts Bay Marlins, and Harvard University for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date